

Rotary



District 5110
Central & Southern Oregon & Northern California

5110 In Action eNews

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5110 Peace Training Workshops Slated for Dec. 7 and 9

By DG Gerry Kosanovic

A free Peace Training workshop with the Peace Literacy Institute is available to District 5110 Rotarians 5:30-7pm on Tuesday, December 7 and Thursday, December 9. This is a digital Zoom classroom experience with no cost [see flyer to the right].

Many remember when Paul K. Chappell, Director of the Institute, presented to an enthusiastic audience of Rotarians at our 2018 District Conference in Coos Bay, Oregon. This year, we have established a partnership with the Peace Literacy Institute to advance Institute training in District 5110.

[Click here for the entire story at the 5110 website.](#)

The two-part series of Peace Literacy workshops will be offered over Zoom; it is focused on parents/caregivers. We especially welcome Rotary members of District 5110 and are grateful for Rotary's sponsorship of the workshops. The two-part series will address the *fires beneath aggression, the anatomy of aggression, and cultivating calm.*

The workshop series is free, but registration is required at this link: <https://forms.gle/Re5gKYcTfT4kNbw5> Rotarians who attend the two-part series qualify for additional training to become leaders to teach these type of workshops for others in the community.



Peace Literacy in the Willamette Valley

A free 2-part Zoom workshop for parents, caregivers, and community members, **Tue. Dec. 7 and Thr. Dec. 9, 5:30-7:00 PM.**



Co-facilitator Paul K. Chappell, West Point Graduate, Iraq War Veteran, and Executive Director of the Peace Literacy Institute
peaceliteracy.org



Co-Facilitator Shari Clough, PhD
Professor of Philosophy, Oregon State University, Curriculum Coordinator at the Peace Literacy Institute
peaceliteracy.org

The workshop will focus on the fires beneath aggression, the anatomy of aggression, and cultivating calm.

Registration is required: <https://forms.gle/Re5gKYcTfT4kNbw5>
For more info contact: Matt Boring, Principal, CHS, matt.boring@corvallis.k12.or.us

Sponsored by Rotary District 5110 

RBN Spotlight on Breann Wright and Retina Care Center

By Bill Grile

In 1905, Paul Harris launched Rotary to leverage friendships and build ethical business relationships. He knew doing this would strengthen businesses as well as communities. The Rotary Business Network aims to do likewise.

This week we salute Medford's Breann Wright and her employer, Retina Care Center. Breann joined Retina Care Center in 2008 and has risen through the ranks to her current position as its practice administrator. Breann is an engaged, Rotarian. She is currently Medford Rotary Club's Vocational Service Chair and is committed to The Rotary Foundation. Breann is a Paul Harris Fellow and Polio Plus Society member. [Click here for the full feature on the 5110 website.](#)



Learn more about Retina Care Center at <https://rotarybusinessnetwork.org/listings/retina-care-center/> Visit RBN at <https://rotarybusinessnetwork.org/> or email team@rotarybusinessnetwork.org with questions.

Almeda Fire 🔹 Rising From the Ashes Part 2

By Dan Smith



To begin episode two (both available at our Voices of Rotary site), you will hear the experience of Chris Chambers as he drives down Highway 99 in the thick of the fire.

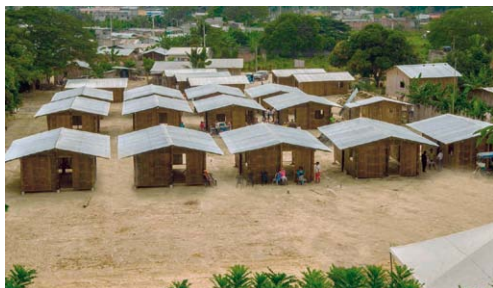
🔹 Driving down 99 will probably be one of my most vivid memories of the fire and just everything is burning on multiple, both sides of 99 between Ashland and through Talent, 🔹 said Chambers.

Join Michelle Corradetti and Alan Harper as they continue to document the 🔹 Almeda Fire 🔹 Rising From the Ashes. 🔹 **The link:**

<https://voicesofrotary.org/blog/podcast/almeda-fire-rising-from-the-ashes-part-2/>

Rotary at Work in Ecuador

By Dan Smith



Do you remember the campfire song 🔹 Kumbaya? My LORD, Kumbaya 🔹. Well there is a real place called [K]Cumbaya in Ecuador. And of course it has both a Rotary and Rotaract Club. I was invited to attend the club 🔹s online meeting with a remarkable 86% of the members in attendance. This is the 🔹 little club that does 🔹 with only eleven members, yet the Club Rotario de Cumbaya has some very big projects:

Bamboo Homes 🔹 This project is to build a Rotary community for victims of the 2016 earthquake 🔹 out of bamboo. Funds were raised with a TED-Talk style live event. Next February, Rotarians and volunteers will build the first house in the

Rotary Village and then will apply for a Global Grant to build a whole community, including entrepreneurial support for battered women. They are working with CAEMBA, a non-profit that has built more than 600 homes in the most difficult areas of Ecuador. [Click here to watch a video when the TV show 🔹 The Fixers 🔹 came and helped build a community center:](#)

Another incredible Rotaract Project we are covering is a Nutritional Forest within the Ecuadorian Amazon. This project has so many firsts: This the first year Rotaract clubs can sponsor projects and the first year Rotary is including the environment as an Area of Focus. This is an eight-year project with a goal to propose to sustainably improve the quality of life of the people in the Ecuadorian Amazon by an agroforestry initiative to plant 12,500 trees in five Kichwa communities. The objectives include establishing a reduction in malnutrition, improving the quality of the average income per family, and reducing the carbon footprint. [Click here for the rest of the details on the numerous Rotary service projects partnering with others and making a difference in this South American country.](#)





Assorted Levity for Your Rotary Week/Life

by Mike Corwin

Funny movie and television quotes to raise a smile:

◆ Marriage is like an unfunny, tense version of *Everybody Loves Raymond*, but it doesn't last 22 minutes. It lasts forever. ◆ ◆ Pete ([Paul Rudd](#)), *Knocked Up*

◆ Being a mom means never buying the right amount of produce. Either everyone suddenly loves grapes and a week's worth are eaten in one afternoon, or fruit flies are congregating around my rotting bananas. ◆ ◆ Lessons from the Minivan

Stan Fields: ◆ Describe your perfect date. ◆ Cheryl: ◆ That's a tough one. I'd have to say April 25. Because it's not too hot and not too cold. All you need is a light jacket. ◆ ◆ Stan Fields (William Shatner) and Cheryl Frasier (Heather Burns), *Miss Congeniality*

◆ I'm not insane. My mother had me tested. ◆ ◆ Sheldon Cooper (Jim Parsons), *The Big Bang Theory*

engineer

n. [en-juh-need]

1. One who does precision guesswork based on unreliable data provided by those of questionable knowledge.
2. A person who solves problems you can't.
3. Someone who gets excited about things no one else cares about.

See also: *wizard, magician*